



Girl Scouts.
of Connecticut

Advisor Update

August 2009

The Advisor Update is a Program Department newsletter to help keep Girl Scout Cadette, Senior, and Ambassador Advisors informed of new programs, resources, and ideas. Please share this with the girls in your troop/group.

Your Input

If there is something that you would like to see in the newsletter, or if you have a trip or tip to share, please let us know. Send an email to program@gsofct.org and put *Advisor Update* in the subject line.

Reminder: Mini Kick-Offs this Fall!

Remember to put the following dates on your calendar to attend a regional mini kick-off event and learn what's new for the upcoming Girl Scout year!

- Tuesday, 9/8, from 7 – 8:30 p.m. at the American Legion Hall in Norwalk
- Wednesday, 9/9, from 7 – 8:30 p.m. at the Hartford Legislative Building
- Thursday, 9/10, from 7 – 8:30 p.m. at St. Paul's Church in Danbury
- Saturday, 9/12, from 10 – 12 noon at Camp Laurel Program Center in Lebanon
- Tuesday, 9/15, from 7 – 8:30 p.m. at Crown Corporate Campus in Milford
- Wednesday, 9/16, from 7 – 8:30 p.m. at Camp Maria Pratt in Torrington
- Thursday, 9/17, from 7 – 8:30 p.m. at the Masonic Temple in Meriden

Girl Scout University

Come to the University of Hartford on Saturday, October 17, for a day of College Pathways. The day will include topics such as being a leader, how to choose and fund the school for you, life on campus, and a college tour. This is an event for individual girls. Lunch is included. There is no fee, but girls must register. Please contact Tamara Williams at twilliams@gsofct.org with any questions.

For: Seniors and Ambassadors

Time: 9:15 a.m. – 2:30 p.m.

Registration #: PI10012

Max: 50 girls

Silver and Gold Award – Updates

In July of 2009, GSUSA released new guidelines for earning the Silver and Gold Awards. These updates incorporate the Girl Scout Leadership Experience and the Journeys into the process of earning the highest awards. As GSOFCCT we have opted to take this year, 2009-2010, as a transitional year in order to be flexible and fully ready to provide workshops in the new way in the year 2010-2011. GSOFCCT will not require girls just starting out earning these awards to earn them the “new Journey way” until September 2010. In September 2010, girls who have started earning the award in the current (i.e. “old way”) will be able to either continue to earn the award under the old way, or if she chooses, change to the new Journey way. Any girl who, by September 2010, is just starting to work on her Bronze, Silver or Gold must follow the “new Journey way.” More information on the transition and a general overview of the “new way” can be found in the form Library of www.gsofct.org. Additional information and resources will be posted as they are developed. Questions concerning these changes may be sent to program@gsofct.org.

Some Features of the “new journey way”

Girls will be encouraged to include sustainability in their projects to make a lasting impact in the community. Although projects may be implemented locally, girls are encouraged to choose issues that have also affected areas beyond their local one.

Silver- future “journey way”

Before beginning a Girl Scout Silver Award group or individual Take Action Project, girls must complete one Cadette level Journey. The Project must be done beyond Girl Scouting -out in the community, by an individual girl or a group of up to four girls.

Gold - future “journey way”

Girls embarking on their Girl Scout Gold Award will be completing one or two Senior and/or Ambassador level Journeys before doing their individual Take Action Project. If a girl has earned her Silver Award according to the new standards, only one Senior or Ambassador level Journey is required.



Program Aide Training Available!

The new Program Aide format focuses on the Girl Scout Leadership Experience, and will be an overnight program from Saturday to Sunday afternoon. The program design incorporates all training necessary to complete the Program Aide Core Training, as well as a choice of "specialty" training. For additional information, please see the Program Aide offerings (page 52) in the Program Book at our website www.gsofct.org. Book early, space is limited!



Travel Pathway

There are several ways girls can get involved with travel. Read on to see some of the possibilities. Applications for council sponsored trips are located in the Resource and Form Library at www.gsofct.org. Questions? Contact program@gsofct.org.

34th Senior and Ambassador Girl Scout Trip to Bermuda, April 20-27, 2010

Open to Girl Scout Seniors and Ambassadors, in grades 10, 11, and 12, this amazing trip includes sightseeing, historical walking tours, shopping, swimming, and more. We'll be staying at Messina House, a dormitory style government building, located on the coast. Cost: \$1,100-1,300 depending on airfare, plus individual spending money. Participants must attend two mandatory meetings, one in the fall to be announced, in the Harford area, and one within the month prior to the trip.

England Trip for Cadettes

Olave 2010 Centenary International Camp, Celebrate the Past, Present and Future at this Girl Guiding Jamboree. GSOFCT will be sending a patrol of 6-8 Cadettes to this tenting jamboree. The patrol will also tour London. Approximate dates and fees: July 28 – August 7th, \$1,500 - \$1,800. Girls must complete an application, attend an interview to be selected, and are expected to be involved in trip planning and preparation.

England Trip for Seniors and Ambassadors

Come and take part in International Activities, Challenges, Travel Through The Decades, Experience (for 24 hours) how girls camped in 1910. Join the Girl Guides in Essex South East in their Centenary Year. GSOFCT will be sending a patrol of 6-8 Seniors and Ambassadors to this tenting jamboree. The trip also includes home hospitality and exploring London. Approximate dates and price: August 4-18, 2010, \$1500 - \$1800. Girls must complete an application, attend an interview to be selected, and are expected to be involved in trip planning and preparation.

England Trip Chaperones

Each England trip needs one more responsible adult volunteer co-chaperone. Applications can be found in the Resource and Form Library.

Welcome to Travel Troop #3

Travel Troop #3 is an exciting opportunity for all Cadette, Senior, and Ambassador Girl Scouts (grades 6-12), their parents, and advisors to make new friendships through the adventures of travel! Girl Scouts are guided through the various aspects of trip planning and encouraged to participate in a variety of trips and events. Organizational meetings take place the Middletown Police Department, 222 Main Street in Middletown. An initial due of \$12 plus application provides full membership. The next meeting is October 6 at 7:30 p.m. For more information please call or email Maureen Francescon at (860) 301-6424 or FrancesconMoe@aol.com.

Destinations

Girls interested in individual travel should keep an eye on the www.studio2b.org website for the 2009-2010 *destination* opportunities and applications. Info sessions are listed in the Program Book – come hear about destinations and ask questions. Questions? Contact dbraun@gsofct.org.

Community Service

Planning a project and wish you had more help? Want to get your town involved? Post your community service project on www.serve.gov! This site links projects with potential volunteers. It is also a great place to seek ideas or post your project story.

Take a Journey! Sample Activity

There are Girl Scout Leadership Journeys for each grade level. These resources guide girls through a particular theme using the Girl Scout Leadership Experience. This year's Leadership Journey, *It's Your Planet – Love It!*, helps girls to explore the wonders of Earth.

Here is an activity form the *Breathe* Journey for Cadettes. Girls will learn to make their own rose and lime scented lotion, try it with your troop! Enjoy!

- Make rose water by steeping 1 cup of rose petals in 2 cups boiling water for a day and strain.
- Pour 1 tablespoon of glycerine (or aloe, even fresh squeezed from an aloe vera plant) into a bottle, and add 1 ½ tablespoons of lime juice while stirring.
- Slowly add about 2 tablespoons of rose water, a few drops at a time, until all ingredients are blended.

